

For full class details and last minute changes visit soulspacebrisbane.com.au/events

# TERM 2, 2015 REGULAR TIMETABLE

ALL All levels welcome

B Perfect for beginners

Casual visit welcome/ no booking required

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6:15am – 7:15am Holistic Hatha Yoga Susie 7 <sup>th</sup> Apr – 14 <sup>th</sup> May & 19 <sup>th</sup> May – 25 <sup>th</sup> Jun	6:15am – 7:15am Morning Yoga Flow Juliette 8 <sup>th</sup> Apr – 15 <sup>th</sup> May & 20 <sup>th</sup> May – 26 <sup>th</sup> Jun	6:15am – 7:15am Holistic Hatha Yoga Susie 7 <sup>th</sup> Apr – 14 <sup>th</sup> May & 19 <sup>th</sup> May – 25 <sup>th</sup> Jun	6:15am – 7:15am Morning Yoga Flow Juliette 8 <sup>th</sup> Apr – 15 <sup>th</sup> May & 20 <sup>th</sup> May – 26 <sup>th</sup> Jun
	ALL B C \$99	ALL B C \$99	ALL B C \$99	ALL B C \$99
6:00pm – 7:15pm Dynamic Vinyasa Tracy 13 <sup>th</sup> Apr – 18 <sup>th</sup> May & 25 <sup>th</sup> May – 29 <sup>th</sup> Jun	6:00pm – 7:00pm Goddess Yoga (Yin) Vanessa 14 <sup>th</sup> Apr – 19 <sup>th</sup> May & 26 <sup>th</sup> May – 30 <sup>th</sup> Jun	6:00pm – 7:30pm 4 Week Advanced Meditation Course Chris 8 <sup>th</sup> Apr – 29 <sup>th</sup> Apr & 3 <sup>rd</sup> Jun – 24 <sup>th</sup> Jun	6:00pm – 7:30pm 6 Week 'next level' Yoga Course Bodhi 9 <sup>th</sup> Apr – 14 <sup>th</sup> May & 21 <sup>st</sup> May – 25 <sup>th</sup> Jun	
ALL B C \$100	ALL B C \$105	\$110	ALL C \$102	SATURDAY
7:30pm – 8:30pm Yoga & Qi Gong Fusion Tracy 13 <sup>th</sup> Apr – 18 <sup>th</sup> May & 25 <sup>th</sup> May – 29 <sup>th</sup> Jun	7:15pm – 8:30pm Energy Yoga (Hatha) Vanessa 14 <sup>th</sup> Apr – 19 <sup>th</sup> May & 26 <sup>th</sup> May – 30 <sup>th</sup> Jun	7:30pm – 9:00pm 6 Week Beginners Meditation Course Chris 8 <sup>th</sup> Apr – 13 <sup>th</sup> May & 20 <sup>th</sup> May – 24 <sup>th</sup> Jun	7:30pm – 8:45pm 6 Week Beginner Yoga Course Bodhi 9 <sup>th</sup> Apr – 14 <sup>th</sup> May & 21 <sup>st</sup> May – 25 <sup>th</sup> Jun	Sat Mornings Prenatal Yoga Sessions Vanessa max. 4 students/ bookings essential
ALL B C \$100	ALL B C \$105	ALL B \$110	ALL B C \$110	\$120 or \$25 casual

### PRICING STRUCTURE:

6 Week Pass/Commitment: as listed above

6 Week Courses: as listed above

Casual visit: \$20 evening | \$18 morning Each teacher collects monies for their individual classes.

for new students...

3 for FREE\*

\*terms & conditions apply



### Introductory 3 for FREE pass

Any new student is welcome to register for a 3 for free pass.

You receive 3 complimentary classes at Soul Space Brisbane and they must be used with 3 different teachers.

We invite you to find your path. This is why we have created the '3 for Free' pass.

## Why do we offer our regular classes as 6 week commitments (courses or blocks)?

Our 6 week courses/blocks encourage a committed approach to practice, ensuring you receive the best of what we have to offer. Each teacher offers a unique journey.

The 6 week format allows you to commit to yourself and integrate regularity with the aim of empowering self-care as a lifestyle.

The teachers at Soul Space Brisbane have packaged the best of their personal practice to share with you. They teach from experience and are dedicated to sharing their knowledge of health, wellness and transformation with you. They have dedicated teaching as their full time career.

#### What do I do when I finish a course/block?

"You are what you practice most."

Our classes are designed to be repeated as many times as you like. Repeating a course or continuing a class nurtures your desire to continually enhance your lifestyle and connects you to a community of like-minded people.



for full details visit: soulspacebrisbane.com.au

