



For full class details and last minute changes
visit soulspacebrisbane.com.au/events

TERM 1, 2015 REGULAR TIMETABLE

- ALL** All levels welcome
- B** Perfect for beginners
- C** Casual visit welcome!
no booking required

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6:15am – 7:15am Holistic Hatha Yoga Susie 13 th Jan – 19 th Feb & 24 th Feb – 2 nd Apr ALL B C \$99	6:15am – 7:15am Morning Yoga Flow Juliette 14 th Jan – 20 th Feb & 25 th Feb – 3 rd Apr ALL B C \$99	6:15am – 7:15am Holistic Hatha Yoga Susie 13 th Jan – 19 th Feb & 24 th Feb – 2 nd Apr ALL B C \$99	6:15am – 7:15am Morning Yoga Flow Juliette 14 th Jan – 20 th Feb & 25 th Feb – 3 rd Apr ALL B C \$99
6:00pm – 7:15pm Dynamic Vinyasa Tracy 12 th Jan – 16 th Feb & 23 rd Feb – 30 th Mar ALL B C \$100	6:00pm – 7:00pm Goddess Yoga (Yin) Vanessa 6 th Jan – 10 th Feb & 17 th Feb – 24 th Mar ALL B C \$105	6:00pm – 7:30pm 6 Week Advanced Meditation Course Chris 14 th Jan – 18 th Feb & 25 th Feb – 1 st Apr \$110	6:00pm – 7:30pm 6 Week 'next level' Yoga Course Bodhi 15 th Jan – 19 th Feb & 26 th Feb – 2 nd Apr ALL C \$102	
7:15pm – 8:30pm Yoga & Qi Gong Fusion Tracy 12 th Jan – 16 th Feb & 23 rd Feb – 30 th Mar ALL B C \$100	7:15pm – 8:30pm Energy Yoga (Hatha) Vanessa 6 th Jan – 10 th Feb & 17 th Feb – 24 th Mar ALL B C \$105	7:30pm – 9:00pm 6 Week Beginners Meditation Course Chris 14 th Jan – 18 th Feb & 25 th Feb – 1 st Apr ALL B \$110	7:30pm – 8:45pm 6 Week Beginner Yoga Course Bodhi 15 th Jan – 19 th Feb & 26 th Feb – 2 nd Apr ALL B C \$110	SATURDAY Sat Mornings Prenatal Yoga Sessions Vanessa max. 4 students/ bookings essential \$120 or \$25 casual

PRICING STRUCTURE:

6 Week Pass/Commitment: as listed above

6 Week Courses: as listed above

Casual visit: \$20 evening | \$18 morning

Each teacher collects monies for their individual classes.



*terms & conditions apply

SOUL SPACE BRISBANE | 23 PARKER STREET NEWMARKET | 07 3352 6155

CLASSES | COURSES | THERAPY | SPACE HIRE



for new students
3 for FREE
register online
*terms & conditions apply

Introductory 3 for FREE pass

Any new student is welcome to register for a 3 for free pass.

You receive 3 complimentary classes at Soul Space Brisbane and they must be used with 3 different teachers.

We invite you to find your path. This is why we have created the '3 for Free' pass.

Why do we offer our regular classes as 6 week commitments (courses or blocks)?

Our 6 week courses/blocks encourage a committed approach to practice, ensuring you receive the best of what we have to offer. Each teacher offers a unique journey.

The 6 week format allows you to commit to yourself and integrate regularity with the aim of empowering self-care as a lifestyle.

The teachers at Soul Space Brisbane have packaged the best of their personal practice to share with you. They teach from experience and are dedicated to sharing their knowledge of health, wellness and transformation with you. They have dedicated teaching as their full time career.

What do I do when I finish a course/block?

"You are what you practice most."

Our classes are designed to be repeated as many times as you like. Repeating a course or continuing a class nurtures your desire to continually enhance your lifestyle and connects you to a community of like-minded people.



for full details visit:
soulspacebrisbane.com.au



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