



For full class details and last minute changes
visit soulspacebrisbane.com.au/events

**TERM 4, 2014
TIMETABLE
OCT - DEC**
Mon 29th Sep to
Sun 21st Dec

ALL All levels welcome
B Perfect for beginners
C Casual visit welcome/
no booking required

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		6:15am – 7:15am Morning Hatha Yoga for Balance Renee ALL B C \$18		6:15am – 7:15am Morning Hatha Yoga for Balance Renee ALL B C \$18
6:00pm – 7:00pm 6 Week Beginners Yoga Course Vanessa (22 nd Sep – 3 rd Nov & 10 th Nov – 15 th Dec) ALL B C \$105	5:45pm – 7:15pm Open Yoga Class Jasmine (attend 6 week block for \$95) ALL B C \$20	7:30pm – 9:00pm 6 Week Advanced Meditation Course Chris (1 st Oct – 5 th Nov & 12 th Nov – 17 th Dec) \$110	6:00pm – 7:30pm 6 Week 'next level' Yoga Course Bodhi (25 th Sep – 30 th Oct & 6 th Nov – 11 th Dec) ALL C \$102	
7:15pm – 8:30pm Yoga with Awareness (Hatha) Vanessa ALL B C \$20	7:30pm – 8:45pm 6 Week Yoga Foundations Jasmine (30 th Sep – 4 th Nov & 11 th Nov – 16 th Dec) ALL B C \$110	7:30pm – 9:00pm 6 Week Beginners Meditation Course Chris (1 st Oct – 5 th Nov & 12 th Nov – 17 th Dec) ALL B \$110	7:30pm – 8:45pm 6 Week Beginner Yoga Course Bodhi (25 th Sep – 30 th Oct & 6 th Nov – 11 th Dec) ALL B C \$102	

PRICING STRUCTURE

Courses: as listed

10 Class Pass: \$170*

*used only with teacher you purchased
with and not to be used with courses.

Casual visit: \$20 evening | \$18 morning

COMING SOON...

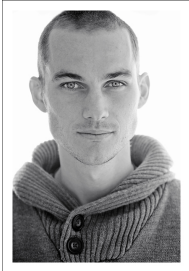
Regular Saturday Morning
Pregnancy Yoga (pre & post natal services)
with Vanessa Ritson. Please enquire.

SOUL SPACE BRISBANE | 23 PARKER STREET NEWMARKET | 07 3352 6155

CLASSES | COURSES | THERAPY | SPACE HIRE



THERAPISTS AVAILABLE:



CHRIS KNIGHT co-founder Soul Space Brisbane

Musculoskeletal Therapist, Psychosomatic Therapy, Remedial Therapist, and Yoga Teacher. Chris specialises in, lifestyle therapy, emotional release body work therapy and yoga personal instruction.

AVAILABILITY: Monday & Tuesday

INVESTMENT: 90min Consultation: \$150

For bookings please call 0401 002 930 or 07 3352 6155



BODHI WHITAKER

Yoga Therapist, Psychosomatic Therapist, Lifestyle Coach, Reiki & Energetic healing. He specialises in bringing balance, excitement and purpose into your life. By working on all levels, mentally, emotionally, physically and spiritually all aspects of your health are covered in each session.

AVAILABILITY: Thursday and Friday

INVESTMENT: 90min Consultation : \$120

For bookings please call 0416 192 360 or 07 3352 6155



RACHELLE HICKSON

Kinesiology, Nutritional Balancing, Reiki & Dance

Rachelle will work to determine areas of stress within the physical, mental, emotional or energetic bodies and then work to return these imbalances to a state of harmony, increasing overall health and wellness. Rachelle specialises in immune conditions (eg. food intolerance's and auto-immune diseases) along with gut repair and stress management.

AVAILABILITY: Wednesday, Thursday & Friday

INVESTMENT: Initial Consultation 90mins: \$115 | Follow Up Consultations 75mins (1hr 15min): \$95

For bookings please call 0450 901 314 or 07 3352 6155

SPACE HIRE & GENERAL ENQUIRIES:



JODIE de ROME – co-founder Soul Space Brisbane

We invite facilitators to hold events, classes, courses and workshops that promote creativity, healing, personal growth, mindfulness and natural healthy living.

Our space is available to hire 7 days/week.

Please contact Jodie for enquiries regarding the space and any other general enquiries.

For enquiries please call 0403 534 637 or 07 3352 6155

for full details visit soulpacebrisbane.com.au

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